

November Menu

	<p>1 Cereal & Milk Baked Chicken w/ Rice Sweet peas Diced Peaches Roll Milk Cheese & Pretzels w/ Water</p>	<p>2 Bagels w/ Milk Turkey Burger on WW Bun Glazed Beets Apricots Milk Trail Mix w/ Applesauce & Water</p>	<p>3 Cereal & Milk Crab Cakes Peach Apple Sauce Steam Cabbage Corn Muffin Milk Cheese & Crackers w/ Water</p>	<p>4 Nutrigrain Bars & Milk Vegetarian Chili Bread Sticks Peaches* Milk Fresh Fruit* & Goldfish Crackers w/ Water</p>
<p>7 Cereal & Milk BBQ Chicken/WW Bun Red Potatoes Green Beans Mixed Fruit* Milk Fresh Fruit* & Graham Crackers & Water</p>	<p>8 French Toast w/ Pineapple & Milk Turkey Stroganoff Broccoli Turnip Greens Diced Pears Milk Yogurt w/ Animal Crackers & Water</p>	<p>9 Cereal & Milk Chicken/WW Noodles Peas & Carrots Apricots Milk Cucumbers & Carrots w/ Dill Yogurt Dip & Water</p>	<p>10 Oatmeal w/ Raisins & Milk Spaghetti w/ Meat Sauce Green Salad Tropical Fruit Italian Bread Cheese Its & Milk</p>	<p>11 Cereal & Milk Cheese Pizza Tomato Soup Apple Slices Fresh Broccoli* Milk Pretzel Chips w/ Cheese Slices & Water</p>
<p>14 Nutrigrain Bar Salsa Chicken California Blend Brown Rice Pineapple Milk Pears & Cheese Its w/ Water</p>	<p>15 Cereal & Milk Beef Stew Carrots, Onion, Potato Mixed Fruit Corn Bread Muffin Milk Hummus & Pita Chips</p>	<p>16 Yogurt w/ Granola & Milk Oven Baked Fish Bun Potato Wedge Cole Slaw Milk Apples, Wheat Crackers & Water</p>	<p>17 Cereal & Milk Pimento Cheese on Wheat Bread Minestrone Soup Fresh Veggies* Apples Milk Pretzel Chips @ Cheese & Water</p>	<p>18 Graham Crackers & Milk Sliced Turkey Dressing Green Beans Cranberry Relish Sweet Potato Pie Milk Orange Sherbet & Teddy Grahams</p>
<p>21 Cereal & Milk Curry Chicken Mixed Veggies Brown Rice Tropical Fruit Milk Nachos & Salsa w/ Water</p>	<p>22 English Muffins & Cheese w/ Milk Macaroni & Cheese w/ Ham Brussel Sprouts Diced Pears Milk Pimento Cheese w/ Celery & Water</p>	<p>23 Cereal & Milk Egg Salad on Wheat Bread Lentil & Veggie Soup Fresh Fruit Milk Ginger Snap Cookies & Pumpkin Dip w/ Water</p>	<p>24 FACP Closed</p>	<p>25 FACP Closed</p>
<p>28 Cereal & Milk Chicken Butternut Squash Sliced Bread Diced Peaches* Milk Fresh Fruit*, Animal Crackers & Water</p>	<p>29 Blueberry Mini -Muffins w/ Milk Salisbury Steak CousCous Green Beans Mandarin Oranges Milk Trail Mix & Milk</p>	<p>30 Cereal & Milk Hoppin' John Glazed Carrots Apple Sauce Bread Milk Jello w/ Fruit, Wheat Crackers & Water</p>		